



**Health and Development
Society Nepal**

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HDSN Update

Inside this issue

Oral health camp at Nirmal Balbikas |

Oral health camp at Avash Nepal |

School program at Bhardeu- BABU project |

Oral health Orientation Program at HDSN |

Integrated camp at Aadhinath |

Integrated camp at Etagol |

Integrated camp at Nagaun |

Integrated camp at Panga |

Integrated camp at Falame, Sindhuli |

Received of Medicines from Singapore |

Oral health camp at Meghauri |



Integrated Health camp at Falame

Upcoming activities

Tooth Brushing program at bhardeu- BABU project

Start from School Project- Sisneri

Transitional shelter at Simthali

Transitional shelter at Makawanpur

Oral health program with camps at Rasuwa

Prefab permanent shelter at Rasuwa



Oral health Orientation for community

Oral Health camp at Avash Nepal

Upon the request of Avash oral health screening program at Avash, Lalitpur was done. Screening and treatment of 50 patients was done with referral of the needy patients to the nearest hospital. Patients mostly with drug users are seen with various conditions of gingivitis, Periodontitis and excessive dental caries.



- Supply hygiene materials in the school
- collecting data about the vaccination, and other medicines.
- Acupuncture for stress relief
- Youth motivation program by Quake volunteers
- class for the relaxation and stress management by Ms. Ramita Chhuzu
- First aid Box for the school-supported by SSF

Oral health Orientation Program at HDSN

Oral health orientation program for the health workers working at various remote parts of Nepal was done at HDSN, Lalitpur. The orientation program is basically based on simple diagnosis and simple treatment at the remote place where dental surgeons are not available so that the cases can be identified and referred to the higher centres. Trainees participated from DHO lalitpur, Rasuwa, Dolpa, Kaski, okhaldhunga.



Integrated camp at Bhardeu- BABU

Continuation of the School project-BABU project. Group of 20 volunteers in Bhardeu, conducted the following programs in two schools of Bhardeu. HDSN would like to thanks all the volunteers who have supported for the program to success.



- Teachers training
- training the health workers
- hand washing
- General health camp, finding out the major diseases in the school children
- De-worming tablets distribution
- Referral of the cases to the Hospital and clinic
- Oral health screening and treatment
- measuring height/ weight
- planning for running school tooth brushing and hand washing program all the year round.
- Supply of the IEC materials in the school

Oral health camp at Aadhinath, chobar

Oral health program at Aadhinath, chobar upon the request of the local club from Adhinath. Oral health program including examination, treatment and counseling were done in the premises of aadhinath temple. The program was conducted successfully with treatment of more than 60 patients.



Oral Health program at Etagol, Kirtipur

HDSN conducted oral health program at Etagol, Kirtipur. The local club supported for the management of the camp area.



Treatment of more than 100 patients was done in the form of restoration (ART), extraction, fluoride application, and oral health counseling.

Along with the examination and treatment orientation class was taken by the team to improve the oral health status of the students. The program was supported by We Help Nepal.

Oral health camp at Nagau community



Pictures of Nagau

Camp at Nagau community conducted. Treatment of 113 patients done in the form of restoration (ART), extraction and fluoride application. Oral health counseling was done in the community about the importance of oral health and instructions were given to maintain good oral hygiene. The program is supported by We help Nepal.

Oral Health Program at Panga, Kirtipur

Oral health program at panga conducted upon the request of the local community. Treatment of 115 patients was done in form of restoration (ART), extraction, and fluoride application along with oral health counselling. The local management was done by Balkumari Aama Samuha. The camp has been supported by We Help Nepal.



Integrated camp at Falame, Sindhuli



Integrated camp at Falame, 3 hrs 4WD drive from Sindhulimaadi . Integration of General health camp, oral health program, blood sugar examination,

motivation, counseling and referral of the needy patients to higher centers were done. Participation of patients with 1 day of walk to the camp area was seen. The camp was organized by Quake volunteers with a part of technical support by HDSN. Solar lights supported by We Help Nepal were distributed to needy people in that area.



Random Blood sugar test

The random blood sugar level was examined in the field so that some patients who were unaware about the secondary diseases could be referred to the nearest hospital and get the proper treatment.



Received Medicines from Singapore

We have received some medicines from Singapore coordinated by Ms. Jessi who is working for Nepal Future Village foundation.



Oral health program at Megghauli.



Team from Dentaaid and HDSN conducted oral health program with examination and treatment in the form of extraction, Restoration (ART) in Megghauli, chitwan. Treatment of 140 patients was done in premises of Clinic Nepal. Along with the treatment, orientation about importance of brushing was given to teachers and students of two government schools. Continuation of school tooth brushing program will be done under supervision of Clinic Nepal, HDSN and Dentaaid with the fund provided by Dentaaid for the program.



‘Start from School’ Project

The next project Start from School will be run at Makawanpur. If the program is successful then it will be run over whole Nepal. Now the program is supported by We Help Nepal for Makawanpur. Similar BABU project has been running in two schools of Bhardeu.

The Program consists of following activities which will bring about the changes in the habits of the students.

- Teachers training
- training the health workers
- hand washing
- General health camp, finding out the major diseases in the school children
- Referral of the cases to the Hospital and clinic
- Oral health camp
- running school tooth brushing and hand washing program throughout the year round.
- Supply of the IEC materials in the school
- supply hygiene materials in the school and health post
- collecting data about the vaccination, other medications
- Youth motivation program

Sample collection about nutrition, Vaccination, hand washing, oral health status will be taken. The sample will be collected from the students and teachers, along with the health workers.